

Starters

Mixed Platter for 2

Lamb chops, Onion Bhaji, Chicken Tikka, Meat Samosa.

£8.70

Gourmet Special Chicken Tikka

Hot Chilli flavoured.

£3.90

Chicken or Lamb Tikka

Marinated Chicken or Lamb pieces, barbecued in the Tandoor.

£3.30

Tandoori Chicken

Chicken leg or breast on the bone, barbecued in the Tandoor.

£3.30

Tandoori Lamb Chops

Marinated Lamb chops, barbecued in the Tandoor.

£4.95

Seekh Kebab

Marinated minced lamb, barbecued in the Tandoor.

£3.30

Reshmi Kebab

Marinated minced Lamb, burger shaped and then shallow-fried and wrapped in an omelette.

£3.30

Karahi Kebab

Chicken Tikka, Lamb Tikka and Seekh Kebab, barbecued in the Tandoor then cooked in a medium sauce.

£3.90

Mixed Kebab

A mixture of Chicken, Lamb and Seekh Kebab.

£3.90

Prawn Puree

Bhuna Prawns on a thin fried pancake.

£3.50

Imli-Ka King Prawn

King Prawns cooked with garlic, tamarind, chilli and lime sauce.

£5.90

Tandoori King Prawn

King Prawn pieces barbecued in the Tandoor.

£5.90

King Prawn Puree

Bhuna King Prawns on a thin fried pancake.

£4.90

King Prawn Butterfly

Marinated King Prawn, covered with bread crumbs and then deep fried.

£4.90

Chicken or Lamb Chat Puree

Barbecued Chicken or Lamb tossed in a sweet and sour sauce and then served on a thin fried pancake.

£3.50

Aloo Chat Puree

Potatoes tossed in a sweet and sour sauce and then served on a thin fried pancake.

£3.50

Garlic Mushroom Puree

Mushrooms cooked with fresh garlic and then served on a thin fried pancake.

£3.50

Chicken Pakora

Diced Chicken dipped in a spiced batter.

£3.30

Roshon Chicken or Lamb

Diced Chicken or Lamb cooked with fresh garlic.

£3.90

Chula Machlee

Pan fried Salmon Fillet cooked with oriental spices, served on a bed of onions.

£5.95

Onion Bhaji

Spicy chopped onions with potatoes and fresh herbs, deep-fried.

£2.95

Samosa (Meat or Vegetable)

Stuffed triangular pastry, deep-fried.

£2.95

Prawn Cocktail

£3.30

Chef's Specialities

All Chef's special dishes are pre cooked in the Tandoor

Shashlick Karai (Chicken or Lamb)

Barbecued in the Tandoor together with capsicums, onions, and tomatoes then cooked in a medium sauce.

£8.50

Karai (Chicken or Lamb)

A medium dish with diced fried onions, tomatoes and capsicums.

£7.70

Mixed Grill Karai (Medium)

A mixture of Chicken, Lamb, Tandoori Chicken and Seekh Kebab cooked in karai with diced onions and green peppers.

£9.50

Salmon Karai (Medium)

Cooked in Karai with diced onions, tomatoes and capsicums.

£10.95

Chicken Rezella (Flaming)

Slightly spiced dish cooked with onions, green peppers and fresh herbs, with a touch of Sambuca.

£8.50

Jalfrezi (Chicken or Lamb)

Fairly hot with fresh chillies, sliced onions and capsicums.

£7.70

Laknavi (Chicken or Lamb)

A saucy medium dish cooked with garlic and fresh herbs.

£7.70

Ginger (Chicken or Lamb)

Strong flavoured, medium cooked chicken or lamb in a fresh ginger paste.

£8.50

Shatkora (Chicken or Lamb)

Medium spiced dish with Bangladeshi citrus macroptera fruit.

£8.50

Jeera (Chicken or Lamb)

Cooked with whole cumin seed, a very strong flavoured dish. Medium.

£7.70

Methi (Chicken or Lamb)

A medium dish cooked with fenugreek, a special herb leaf, and a variety of spices.

£7.70

Tandoori King Prawn Jalfrezi

Fairly hot with fresh chillies, sliced onions and capsicums.

£11.95

Murgh Massala

Diced pieces of Chicken with minced meat, eggs and herbs. Medium.

£8.50

Makhani (Chicken or Lamb)

Mildly spiced cooked with butter, mixed nuts, mint and fresh cream.

£7.70

Passanda (Chicken or Lamb)

Cooked with ground coconut, mixed nuts and fresh cream. Mild.

£7.70

Dakeshwari

Mild, tender fillets of Chicken breast cooked with yoghurt, cream, onions, ground mixed nuts and coconut.

£8.50

Fish Bhuna

boneless Bangladeshi fish, medium, fairly dry.

£8.95

Fish Jalfrezi

Boneless Bangladeshi fish, cooked with onions & green chillies - fairly hot.

£9.95

Massala Dishes

Mild, with mixed nuts, coconut and fresh cream.

Chicken Tikka Massala

£7.70

Lamb Tikka Massala

£7.70

Prawn Massala

£7.90

Tandoori King Prawn Massala

£11.95

Garlic Chicken Tikka Massala

£8.50

Balti

A rich dish cooked with special Balti herbs and spices. Can be medium or hot.

Chicken / Lamb

£7.70

Prawn

£7.90

Special King Prawns, Lamb & Chicken.

£9.90

Mix Prawns, Lamb & Chicken.

£8.90

Tandoori King Prawn

£11.95

Tandoor Specialities

All Tandoori dishes are marinated with herbs and spices and then barbecued in the Tandoor, Served with Salad and Mint Sauce.

Gourmet Special Chicken Tikka

Hot, chilli flavoured.

£7.50

Tandoori Chicken (1/2 on the bone)

£6.50

Tandoori Lamb Chops

£8.95

Tikka (Chicken or Lamb)

£6.50

Shashlick (Chicken or Lamb)

£7.50

Salmon Shashlick

£11.95

Mixed Shashlick

£7.90

Tandoori King Prawn

£11.90

Tandoori Mixed Grill

£10.50

Chicken Tikka, lamb tikka, seekh kebab, tandoori chicken. Served with naan & salad.

Gourmet Specialities

Makhan Chicken or Lamb

Tikka cooked with fresh cream & mango in a rich mild sauce with mixed nuts.

£8.50

Kashmiri Massala (Chicken or lamb)

Boneless Chicken or Lamb cooked in a special massala sauce with fruits, mixes nuts and sultanas. A very mild, sweet dish.

£8.50

Special Chilli Massala (Chicken or Lamb)

A very strong chilli flavoured hot dish with herbs and spices.

£8.50

Nawabi King Prawns

Large King prawns cooked in Chef's special medium sauce.

£11.50

Special Laknavi (Chicken or Lamb)

Tikka Chicken or lamb cooked with fresh herbs, lemon juice, then infused with fresh garlic sauce. Garnished with fresh coriander and fried onions.

£8.50

Lamb Chop Special

Marinated Lamb Chops cooked in a special chef's medium sauce.

£9.95

Mumbai (Chicken or Lamb)

Cooked in a medium sauce garnished with fried potatoes.

£8.50

Achari (Chicken or Lamb)

Cooked with tamarind, medium sweet and sour sauce.

£8.50

Keema Matar

Minced meat cooked with peas, fairly medium dish.

£8.50

Keema Jalfrezi (Minced Meat)

Fairly hot with fresh chillies, sliced onions and capsicum.

£8.50

Palok Chicken or Lamb Tikka Massala

Cooked with spinach in a special mild sauce.

£8.50

Gourmet King Prawn Jhinga

Marinated King Prawns cooked with sliced onions, fresh garlic and capsicums.

£11.50

Balti Chicken or Lamb Palak

Spinach cooked in a Balti sauce with fenugreek, coriander and chillies.

£8.50

Shahensha Murgh (served with salad and naan)

Chicken breast coated with fresh garlic and herbs with a sweet and sour flavour cooked over flaming charcoal.

£12.50

Lightly spiced Lamb fillet pan fried with sauté onions and garlic.

Butter Chicken or Lamb

Marinated, cooked in a mild sauce with butter.

£8.50

VEGETARIAN MEAL FOR 2 (not to be used in conjunction with any other offer)

Starter: Popadoms, Pickle Tray, Vegetable Somosa, Onion Bhaji

Main: Vegetable Massala, Vegetable Laknavi

Side: Mushroom Bhaji

Sundries: Pilau Rice, Naan

£23.95

Vegetarian Specialities

Mixed blend of herbs and spices, each dish has a unique flavour.

Vegetable Malai	£4.95
Mixed Nuts	
Vegetable Samba	£4.95
Cooked with lentils.	
Sabji Massala	£5.95
Mixed Nuts	
Vegetable Bhuna	£4.95
Vegetable Rogan	£4.95
Vegetable Jalfrezi	£5.95
Fairly hot with fresh chillies, sliced onions and capsicum	
Vegetable Balti	£5.95
Vegetable Paneer	£6.95
Cooked in medium sauce	

Korma Dishes

Very mild, with mixed nuts and fresh cream

Chicken	£5.70
Lamb	£6.10
Prawn	£6.10
King Prawn	£9.90

Bhuna Dishes

Fairly dry dish with onions, tomatoes and herbs

Chicken	£5.70
Lamb	£6.10
Prawn	£6.10
King Prawn	£9.90
Keema	£6.50

Madras/Vindaloo Dishes

Fairly Hot/Very Hot

Chicken	£5.70
Lamb	£6.10
Prawn	£6.10
King Prawn	£9.90

Dopiazza Dishes

Fairly Dry dish cooked with diced onions

Chicken	£5.70
Lamb	£6.10
Prawn	£6.10
King Prawn	£9.90

Rogan Dishes

Medium spiced dish topped with fried tomatoes

Chicken	£5.70
Lamb	£6.10
Prawn	£6.10
King Prawn	£9.90

Pathia Dishes

A strong flavoured sweet and sour dish, Slightly Hot

Chicken	£5.70
Lamb	£6.10
Prawn	£6.10
King Prawn	£9.90

Dansak Dishes

A sweet and sour dish cooked with lentils, Slightly Hot

Chicken	£6.70
Lamb	£7.10
Prawn	£7.10
King Prawn	£10.95

Malaya Dishes

A very mild dish cooked with mixed nuts, coconut with fresh cream & pineapple

Chicken	£5.70
Lamb	£6.10
Prawn	£6.10
King Prawn	£9.90

Saag Dishes

A dry dish cooked with spinach

Chicken	£6.80
Lamb	£7.10
Prawn	£7.10
King Prawn	£9.90

Biryani Dishes

All Biryani dishes are cooked with Pilau Rice and served with vegetable curry

Chicken	£7.90
Lamb	£8.30
Prawn	£8.30
King Prawn	£10.50
Chicken Tikka	£8.75
Lamb Tikka	£8.75
Vegetable	£6.60
Mushroom	£6.60
Chicken & Mushroom	£8.50
Mixed Biryani	£8.95
Chicken, Lamb and Prawn	
Malayan Biryani	£7.95
Chicken or Lamb. Mild with pineapple, banana, nuts and sultanas	

Vegetable Side Dishes

Bombay Potatoes	£3.20
Chana Bhaji	£3.20
Bhindi Bhaji	£3.20
Cauliflower Bhaji	£3.20
Mushroom Bhaji	£3.20
Vegetable Bhaji	£3.20
Brinjal Bhaji	£3.20
Aloo Gobi	£3.20
Saag Aloo	£3.20
Saag Bhaji	£3.20
Tarka Dhall	£3.20
Saag Paneer	£3.70
(Spinach and Homemade Cheese)	
Garlic Bombay Potatoes	£3.70
Motter Paneer	£3.70
(Garden Peas with Homemade Cheese)	

English Dishes

All dishes are served with chips, tomatoes, fried onions, peas and mushrooms

Fried Scampi	£8.00
Chicken Nuggets	£8.00
Chicken Omelette	£7.50
Mushroom Omelette	£7.00
Prawn Omelette	£8.00
Chicken & Mushroom Omelette	£8.00

Sundries

Plain Boiled Rice	£2.40
Pilau Rice	£2.50
Keema Rice	£2.85
Special Fried Rice	£2.85
Khuska Rice	£2.85
(Nuts and Sultanas)	
Mushroom Rice	£2.85
Egg Rice	£2.85
Vegetable Rice	£2.85
Peas Rice	£2.85
Onion Rice	£2.85
Garlic Rice	£2.85
Chilli Rice	£2.85
Naan	£2.40
Keema Naan	£2.85
Peshwari Naan	£2.85
Vegetable Naan	£2.85
Garlic Naan	£2.85
Chilli Naan	£2.85
(Chopped Chilli)	
Cheese Naan	£2.85
Tikka Naan	£2.85
Garlic & Keema Naan	£2.95
Garlic & Chilli Naan	£2.95
Paratha	£2.30
Vegetable Paratha	£2.75
Tandoori Roti	£2.30
Garlic & Coriander Roti	£2.95
Chapati	£1.50
Puree	£1.50
Popadom	£0.80
Massala Popadom	£0.80
Raitha	£1.60
(Cucumber or Onion)	
Chips	£1.80
Spicy Chips	£2.50
Green Salad	£1.70
Mango Chutney	£0.80
Mixed Pickle	£0.80
Onion Salad	£0.80
Mint Sauce	£0.80
Pickle Tray	£2.60



The Gourmet

Tel: (01724) 864 204 / 860 599

Restaurant & Takeaway

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www.gourmetashby.co.uk

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CURRY SET MEAL FOR 2 (not to be used in conjunction with any other offer)

Starter: Popadoms, Pickle Tray, Onion Bhaji, Chicken Pakora

Main: Chicken Tikka Massala, Chicken Tikka Laknavi

Side: Bombay Potato

Sundries: Pilau Rice, Garlic Naan

£29.95

TANDOORI SET MEAL FOR 2 (not to be used in conjunction with any other offer)

Starter: Popadoms, Pickle Tray, Sheek Kebab, Chicken Tikka

Main: Chicken Shashlick, Tandoori Mixed Grill

Side: Bhuna Sauce

Sundries: Pilau Rice, Garlic Naan

£31.95

All dishes are cooked to order:

Nut Allergy: some dishes may contain traces of mixed nuts.

Please ask staff for advice.

The management reserve the right to refuse service without disclosing any reason